



ESSEX MASTERS CHAMPIONSHIPS 2024

ON THE DAY ENTRIES WILL BE GUARANTEED IN THE 50 FREESTYLE ONLY – All other events first come first served and will be dependent on a space being available after signing in closes

SPECTATORS

Please remember that spectator tickets can be purchased ONLINE only

Spectator tickets will not be available to purchase on the door- please have your ticket ready to be scanned at the spectator entrance.

Conditions & Eligibility Open to eligible competitors who are registered Swim England Cat 2 members of Swim England affiliated Clubs – **THIS COMPETITION IS OPEN TO SWIMMERS OUTSIDE OF ESSEX**

Date of competition: 2nd MARCH 2024

Closing date: 25th FEB 2024

Venue. Basildon Sporting Village, Cranes Farm Road Basildon, SS14 3GR

EVENTS

400 metres, 200 metres, 100 metres individual Medley, 50 & 100 metres all Strokes.

ENTRY LIMITATIONS- FIRST COME FIRST SERVED

There is no limit to the number of events a competitor may enter.- The Meet will be closed when Full

A competitor may only compete for one Club.

AGE GROUPS X-18/24, A-25/29, B-30/34, C-35/39, D-40/44, E-45/49, F-50/54, G-55/59, H-60/64, J-65/69,

K-70/74, L-75/79, M-80/-over.

Ages as at 31st December in year of competition,

Swimmers must 18 by day of competition.

SEEDING-HDW Events will be seeded in time classification, with swimmers who submit the slowest entry times swimming first irrespective of age.

AWARDS Awards will be made to the top three swimmers in each gender/age band in each event.

ENTRY FEES Individual events £7:50 per event – **ENTRIES ON THE DAY £8.50 PER ENTRY**
Relays £10 each relay – to be entered on the day only



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SCHEDULE OF EVENTS

SESSION 1

SIGNING IN CLOSES 1.30PM

WARM UP 2.00PM- START 2.30PM

- 1. MIXED 400 METRES FREESTYLE**
 - 2. MIXED 50M BUTTERFLY**
 - 3. MIXED 100M BREASTSTROKE**
 - 4. MIXED 50M BACKSTROKE**
 - 5. MIXED 100M FREESTYLE**
 - 6. MIXED 100 METRES INDIVIDUAL MEDLEY**
 - 7. RELAYS (To be entered on the day only)**
- MIXED 4X50 FREESTYLE 120+, 160+, 200+**

SESSION TWO

- 12. MIXED 200 METRES FREESTYLE**
 - 13. MIXED 50M BREASTSTROKE**
 - 14. MIXED 100M BACKSTROKE**
 - 15. MIXED 100M BUTTERFLY**
 - 16. MIXED 50M FREESTYLE**
 - 17. RELAYS (To be entered on the day only)**
- MIXED 4X50 MEDLEY 120+, 160+, 200+**